



Pelvic Floor and Sexual Medicine Healthcare Professionals

*Join us in Los Angeles for our **24th** Pelvic Floor Sexual Medicine (PFSM) meeting!*

PFSM is a multidisciplinary group created to facilitate collaboration of healthcare professionals working in the pelvic floor and sexual medicine health care arenas. The goal of PFSM is to share experiences and education with providers and ultimately improve the health care of patients with pelvic floor dysfunction and sexual health concerns.

Saturday, November 2, 2019 • 9:00am to 12:30pm

Clinical Topics in Pelvic and Sexual Pain

*Light breakfast and networking begins at **9:00am**, programming promptly starts at **9:20am***

Event Hosts: Andrea Rapkin, MD, Deena Goodman, PT, WCS, Jenni Gabelsberg, DPT, MSc, WCS

Speakers:

Deena Goodman, PT, WCS and Karen Brandon, DSC, PT, WCS- Uncomplicating multiple systems in our musculoskeletal treatment approach with complex pelvic pain patients.

Jennifer Labus, PhD- Alterations in vaginal inflammatory and steroid hormone pathways; associated symptoms and brain connectivity in provoked vestibulodynia.

Glenn Lipton, MD – Interventional Pain Management: from injections to medications, when are they indicated and how to treat different diagnoses.

Jennie Miremadi, MS, CNS, LDN– Nutritional Impacts on Pelvic and Sexual Pain

Christina Palmer, MD- Urologic advancements in pelvic and sexual pain.

Jason Schiffman, MD- Pharmacologic management of psychogenic pain.

Deena Goodman, PT, WCS, and Jenni Gabelsberg, DPT, MSc, WCS- Moderators

Meeting location: UCLA Center for Health Sciences building, Westwood Plaza, Los Angeles, CA

Parking instructions: Valet park at the Ronald Reagan UCLA Medical Center \$13. Cross the street (Westwood Plaza) to enter Semel Institute-CHS double glass doors with signage above the doors "Jane and Terry Semel Institute for Neuroscience and Human Behavior". Proceed to end of corridor, turn left to get to H Elevator bank. Take H elevator to Floor 1 and Exit elevator bank and turn left to go down long corridor (17-corridor) past A and B elevators. Turn left adjacent to C elevators and just before double doors with "Dental Clinic" sign. Proceed down corridor towards Biomedical Library. Make a left, just past D elevators and just before Library entrance. You will see Conference Room 13-105 on your right. **Leave 15-20 minutes for valet parking and walking to conference room. Should you choose to park in Westwood, only enter via Semel entrance as noted above as all other doors will be locked. Bring this flyer in case ID is needed for entry.

RSVP required by October 25, 2019 to deena@goodmanphysicaltherapy.com

**** Special Thanks to our meeting Sponsors:**

**Andrea Rapkin, MD and the Dept. of OBGYN, David Geffen School of Medicine at UCLA
Soul Source Therapeutic Devices**

- **Andrea Rapkin, MD** is a UCLA Professor and one of the first Obstetrician-Gynecologists to adapt a multidisciplinary pain management approach to the evaluation and treatment of women with pelvic and vulvar pain, and founder of the UCLA Chronic Pelvic Pain and Vulvodynia Research Program
- **Jason Schiffman, MD, MA, MBA** is the founder and Medical Director of The Camden Center, and Director of the UCLA Dual Diagnosis Program. He is a recognized expert on addiction and co-occurring mood and anxiety disorders
- **Christina Palmer, DO** is a urologist with Comprehensive Urology in Los Angeles
- **Jennifer Labus, Ph.D.** is an Adjunct Professor in the Division of Digestive Diseases at UCLA, and is director of the Neuroimaging and Bioinformatics Core, and director of the UCLA Microbiome Center
- **Jennie Miremadi, MS, CNS, LDN** is an integrative clinical nutritionist in private practice in Los Angeles
- **Karen Brandon, DSC, PT, WCS** is Program Manager for Pelvic Rehab at Kaiser Fontana & trains/lectures on pelvic health
- **Deena Goodman, PT, WCS, BCB-PMD** is Owner of Goodman Physical Therapy, Inc in West Los Angeles
- **Jenni Gabelsberg DPT, WCS, BCB-PMD** is Owner of Women's Advantage and Men's Optimal Health PT in Torrance and Long Beach
- **Jane Silverstein** is owner of Soul Source Therapeutic Devices, Inc. in North Hollywood, an American Manufacturer of high quality, safe vaginal dilators



All Healthcare Professional Disciplines Welcome – RSVP as space is limited